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## CLAIMS

1. A heat-shielding method

which comprises disposing a thin plate having an IR-reflecting function adjacent to one side of a coated plate and disposing said coated plate in a position such that the surface adjacent to said thin plate is on the side not exposed to infrared light.

- 2. A hear-shielding method for car interior which comprises disposing a thin plate having an IR-reflecting function on the inner surface of a car body.
- 3. The heat-shielding method according to Claim 1
   wherein said thin plate having an IR-reflecting function is an aluminum foil.
- 4. The heat-shielding method according to Claim 2 wherein said thin plate having an IR-reflecting function 20 is an aluminum foil.
  - on which said thin plate has been disposed.
  - 6. The heat-shielding method according to Claim 2 wherein an upholstery is disposed adjacent to the side which said thin plate has been disposed.

7. A heat-shie ding method which comprises forming a metallic pigment-containing coating film having an IR-reflecting function on one side of a coated plate and disposing said coated plate in a position such that said coating film is on the side not exposed to infrared light.

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- 8. A heat-shielding method for car interior which comprises forming a metallic pigment-containing coating film having an IR-reflecting function on the inner surface of a car body.
- 9. The heat-shielding method according to Claim 7 wherein said metallic pigment-containing coating film is a leafing aluminum and/or non-leafing aluminum-containing coating film.
- 10. The heat-shielding method according to Claim 8 wherein said metallic pigment-containing coating film is a leafing aluminum and/or non-leafing aluminum-containing coating film.
  - 11. The heat shielding method according to Claim 7 wherein an upholstery is disposed adjacent to the side on which said coating film has been disposed.
  - 12. The heat-shielding method according to Claim 8 wherein an upholstery is disposed adjacent to the side on which said coating film has been disposed.
  - 13. A coated product as formed by the heat-shielding method according to Claim 7.
  - 14. A coated product as formed by the heat-shielding method according to claim 8.
- IR-reflecting function on its surface which is to confront a car body.
  - 35 16. The car upholstery according to Claim 15

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wherein said layer having an IR-reflecting function comprises a thin plate.

- 17. The car upholstery according to Claim 15 wherein said layer having an IR-reflecting function comprises an aluminum foil.
- 18. The car upholstery according to Claim 16
  wherein said layer having an IR-reflecting function

  10 comprises an aluminum foil.
  - 19. The car upholstery according to Claim 15 wherein said layer having an IR-reflecting function comprises a leafing aluminum-containing coating film.
    - 20. The car upholstery according to Claim 15 wherein said upholstery is for car roof use.

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